ŠKOLSKO NATJECANJE IZ ENGLESKOGA JEZIKA
za 2. razred srednjih škola


TEST

Zaokruži broj (1 ili 2) liste u kojoj se natječeš:

1 Lista 2.A: gimnazije
2 Lista 2.B: ostale srednje škole

Zaporka: 

(peteroznamenkasti broj i riječ)

<table>
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<td>Čitanje s razumijevanjem:</td>
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Task 1: READING COMPREHENSION

Task 1: Sleep: Are You Getting Enough?

Read the following text and the nine headings (A - I). Choose the heading which best fits each paragraph. There are two extra headings that you do not need to use.

The task begins with an example (0).

Remember to write your answers on the separate Answer Sheet.

0. __I__
One of the most basic ways to improve your chances of getting sufficient sleep at night is to keep to a regular pattern. The body is geared to a natural cycle of sleep and being awake, and you should do your best to follow nature’s rhythm and not disturb it too much. Therefore, try and get to bed at more or less the same time every evening. The same goes for getting up in the mornings as well.

1. __I__
Everyone likes to go out for a late-night meal or drink with friends from time to time, but if you miss out on sleep due to coming home late, the worst thing you can do is to try and catch up by sleeping in in the morning. This will just disrupt your regular sleeping pattern and make it harder for you to put your head down in the evening. A quick sleep in the afternoon, a maximum of half an hour, is a more sensible solution if you need to catch up on your shut-eye.

2. __E__
The body’s natural sleep rhythm is in part regulated by the production of a hormone called melatonin. The production of this hormone is affected by light. This is why it’s normal to feel sleepier at night when it’s dark. As a result, you should dim the lights in the time leading up to your bedtime, which means that you shouldn’t be in front of the telly or laptop. A dimmed ambience will get you in the mood for sleep.

3. __E__
You’ll find it much easier to get off to sleep at night if you do some form of regular physical activity during the day, as this is something that encourages sleep. As far as the amount is concerned, experts recommend something in the region of at least half an hour a day. This need not be anything challenging. Something relaxing like yoga will do the trick as well as more demanding forms.

4. __E__
You’ll find it more difficult to fall asleep if you’re feeling bloated. You should therefore also keep an eye on what you consume in the evening. If you have something heavy a couple of hours prior to going to sleep, you might find it harder to drop off, as digestion will take longer. As a result, you could find yourself tossing and turning on your mattress and feeling tired in the morning.

5. __E__
The same goes for liquids. The effects of caffeine are well-known, although interestingly enough, contrary to popular belief, the truth seems to be that such problems often do not occur until several hours after its consumption. Consequently, you might want to avoid it in the afternoon. In addition, you should keep away from other beverages late at night or you might find yourself having to make a visit or two to the bathroom.

6. __E__
Finally, ensure that your bedroom is a suitable place for sleeping. Try and maintain it at an appropriate temperature. If it’s either too hot or too cold, sleeping will become more difficult. Experts recommend eighteen degrees centigrade as an optimum temperature. However, everyone is different, so work out what’s best for you. Your room should also be suitably aired, so you might want to avoid closed windows. You should also remember that the bedroom is a place for sleep, so keep the TV out of it.

HEADINGS
A Avoid a stuffy atmosphere
B Get a good mattress
C Go easy on your stomach
D Have a little work-out
E Relax before you sleep
F Turn off bright screens
G Watch your fluid intake
H Why not take a nap?
I Stick to the same routine

(6 Points)
Task 2: The History of Rice

Read the following text and the options below. Choose the answer (A, B, C or D) that best fits each numbered space.

The task begins with an example (0).

Remember to write your answers on the separate Answer Sheet.

When people call to (0) ______ B ______ significant events in human history, they tend to think of wars and the rise and fall of mighty empires. However, the truth is that the (1) _______ of mankind often rests upon more humble foundations. One such instance is the role (2) _______ by rice, the world’s second most important crop after corn.

Scientists are now of the (3) _______ that rice was first domesticated in China some 12 millennia ago. Several thousand years later, cultivation had already become (4) _______ in the Indus valley in what is now India. (5) _______ today, Asia produces over ninety percent of the rice eaten in the world.

Nevertheless, it quickly (6) _______ beyond the frontiers of the continent upon which it was initially farmed. Soon after its (7) _______ in the Middle East, rice was brought to Europe by victorious Islamic armies in the tenth century. The first rice to be grown in Europe was cultivated in Spain by the Moors, who also (8) _______ it to Sicily. In (9) _______ centuries, the Ottoman Turks planted it in the Balkans.

However, its remarkable journey did not come to a (10) _______ in Europe. Spanish and Portuguese settlers took it (11) _______ the ocean to the New World, and it was also one of the earliest crops planted by the British in Australia. The rise of rice as the world’s second most popular staple has truly been a (12) _______ occurrence in history.

(12 points)
(0) A attention  B mind  C notice  D thought
(1) A development  B extent  C movement  D upgrading
(2) A achieved  B acted  C played  D portrayed
(3) A assessment  B estimate  C judgement  D opinion
(4) A established  B formed  C founded  D launched
(5) A Although  B Even  C Still  D Yet
(6) A distributed  B enlarged  C increased  D spread
(7) A arrival  B coming  C entrance  D presence
(8) A commenced  B initiated  C instituted  D introduced
(9) A consequential  B next  C resulting  D subsequent
(10) A break  B cease  C halt  D stay
(11) A by  B cross  C opposite  D over
(12) A leading  B main  C major  D principal
Sir Charles Chaplin, better known simply as Charlie Chaplin, was the most famous movie star in the age of silent films. Chaplin was born into poverty in London in 1889 and had endured an extremely difficult childhood. When he was just seven years old, because his parents were unable to care for him, he was sent to the workhouse, which was to leave a strong impression on him.

Both his parents had worked in the theatre, and in light of their lack of success, the young Charles left school at thirteen to pursue his own dream of becoming a comic actor. He registered with an agency and gradually started to get jobs on stage. Throughout the 1900s, he in earning a living from acting and even toured America. It was during a second tour of the States in 1913 his breakthrough came. His gift comedy was spotted by a representative of the Keystone film studio and he was signed up.

In his second role for the studio, Chaplin adopted the character costume that were to bring him international fame: ‘The Tramp’. As a result the great reception the film enjoyed, Chaplin was able to persuade Keystone to allow him to direct his own pictures. This was a smart move, as his next movie, Caught in the Rain, was one of the biggest commercial hits that Keystone ever had. Chaplin was now not only established as an actor also as a director. By the time the First World War ended in 1918, Charlie Chaplin was one of the most famous people on the planet.
Without a doubt, oil **D** is remaining the main energy source in the world today. However, many experts are keen to point out that at this moment in time we **1** are approaching the peak of oil production. It is believed that this state of affairs **2** will have been achieved by the middle of this century if not before. Others argue that this point **3** was reached several years ago. However, whether or not this state **4** is remaining at in recent years is something of an irrelevance. Whichever way you look at it, it remains an inescapable fact that something **5** will change if we are to avoid a major energy crisis at some point in the near future.

Such a crisis could lead to greater political problems. Wars over oil **6** have been happening for decades. Many analysts are worried that such conflicts will get worse unless something **7** happens soon. With hindsight, it would have been better if mankind **8** had been taking this problem more seriously decades ago. However, what is needed is action rather than words.

We need to start thinking more about what the planet **9** is going to run on in a few decades’ time. One thing is for sure, and that is that we **10** are not using so much oil as we are now.
Task 5: Gap Filling

For questions 1 to 10, find one word which is appropriate for all three gaps in each of the following sets of sentences. The task begins with an example (0).

Remember to write your answers on the Answer Sheet.

(0) Teachers shouldn't _______ their pupils too much homework.
    The film is _______ in Ireland at the start of the last century.
    Ivanišević beat Rafter in the fifth _______ of the men's tennis final.

(1) Real Madrid scored the winner with only a minute of the second _______ left.
    I got this dictionary _______ price at the closing down sale. What a bargain!
    Jim says his pay rise was only _______ as much as he had expected.

(2) Farmers are often in their fields at _______ light.
    Paramedics provided _______ aid to the injured at the scene.
    Dan says he heard the news _______ hand from Mary.

(3) In my opinion, parents should be _______ but fair with their children.
    Some people say you need a _______ bed if you have a bad back.
    Jane’s mother is director of a large _______ in the city.

(4) It’s getting really difficult to find a _______ to park these days.
    Mrs Smith called six times in the _______ of half an hour!
    Please could you make some _______ so I can sit down?

(5) Jim told the cab driver that he could _______ the change.
    Jo asked her neighbours to _______ an eye on her flat while she was away.
    Eric always tries to _______ a record of every cent that he spends.

(6) Our boat started to sail gently _______ the river.
    Jack got turned _______ by the college he applied to.
    There’s no need to feel quite so _______. Cheer up!
(7) The group have already had a number one ___________ in the States.
   The European economy has been badly ___________ by the recession.
   Barcelona ___________ the post twice but just couldn’t get the ball in the net.

(8) Because of the strong ___________ , you should avoid swimming in the river.
   Jenny’s parents are not particularly impressed with her ___________ boyfriend.
   Edward’s not interested at all in politics or ___________ affairs.

(9) Suzy took a five-dollar ___________ out of her purse and paid the waiter.
    Most telephone companies ___________ their clients monthly.
    The new education ___________ is being discussed by Parliament.

(10) Some people believe the ___________ has too much freedom.
    Just ___________ this button if you want to turn the screen off.
    The police have decided not to ___________ charges against the suspect.

(10 points)
Task 6: Igloos

Read the following text. Use the word given at the end of the line to form a new word that fits in the same numbered space in the text. Your answer must be ONE word only.

The task begins with an example (0).

*Remember to write your answers on the separate answer sheet.*

Igloos are homes made of snow that have (0) **traditionally** been built by the Inuit people of Canada and Greenland. Although outside in the (1) **freezer** Arctic air, the temperature might be as low as minus forty, inside an igloo it can be as warm as an (2) **agree** ten or fifteen degrees centigrade. This is because the snow provides insulation that prevents body (3) **hot** from escaping. In addition, animal skins are placed across the doorways and on the floors and walls in order to keep the (4) **warm** in.

Igloos are assembled from bricks made of packed snow. The roof is formed into the shape of a dome. The construction is given (5) **add** strength by a layer of ice on the inside. This is created by starting to melt the snow and then allowing it to refreeze. (6) **amaze**, it can take a builder as little as an hour to build an igloo from scratch.

Igloos are environmentally (7) **friend**, as building and removing them involves no pollution. They are a remarkable (8) **solve** to the difficulties caused by living in harsh (9) **surround**. However, unfortunately, the skill of building them is slowly being lost, as younger generations of the Inuit increasingly turn to modern types of (10) **house**.

THIS IS THE END OF THE TEST